HEALTH RESOURCES

TEST IOWA CLINIC
A Test Iowa Clinic is located at 2503 South Loop Drive in the ISU Research Park. The testing site, operated by Mary Greeley Medical Center, is open for testing 12:30-7:30 p.m. on Monday, Wednesday, and Friday. Complete an online assessment here before scheduling an appointment.

FIRST NURSE
First Nurse is a free health information service available 24 hours a day, 365 days a year, staffed by experienced registered nurses who help callers decide what to do if they suspect themselves or a family member may need medical attention. You can reach First Nurse at (515) 239-6877 or (800) 524-6877.

CHILD CARE RESOURCES

COVID-19 CHILD CARE CONSIDERATIONS
Looking for child care? Scrambling to find transportation for your children? Juggling alternative work and school schedules? It is natural to feel a sense of panic in this ever-changing environment. ISU Extension and Outreach developed three helpful guides to assist families in planning for child care during a pandemic. You can download these here.

IOWA CHILD CARE RESOURCE & REFERRAL
Iowa Child Care Resource & Referral provides FREE, non-biased, and customized referrals to local child care providers. Parent Referral Specialists are available Monday through Friday, 8:00AM – 4:30PM by calling (855) 244-5301. Families can also conduct their own child care search 24/7 by clicking here.

ISU FAMILY LISTSERV
Looking to join community discussions about issues affecting families? Interested in learning about tools, resources, and family-friendly events? Join the ISU Family listserv by clicking here.

NEED TO TALK?

ON-SITE COUNSELOR
On-site counseling is available for free to all benefits-eligible faculty and staff. Sessions may be held in-person (mask required) or virtually. To set-up an appointment, call Employee and Family Resources at (800) 327-4692.

IOWA CONCERN
The Iowa Concern Hotline has provides 1:1 assistance to individuals and families on topics like child care, finances, and stress management. Phone support is available 24/7 by calling (800) 447-1985. Email and chat support is available here.

COVID RECOVERY IOWA
COVID Recovery Iowa provides counseling, virtual activities, referrals, and help finding resources to any Iowan seeking assistance or a listening ear. Counselors are available 24/7 by calling (844) 775-WARM or clicking here.